

## **USHJA Zone Election Nomination Form**

**Zone:** 3

Candidate USHJA #: 182400
Candidate Name: Rachel Howell

## **Equestrian Participation:**

I actively participate in USEF/USHJA competitions as a competitor, owner, and parent. 2020 Year End Highlights include Zone 3 Middle Adult Champion, VHSA & MHSA Middle Adult Champion, WCHR Mid-Atlantic Region Champion. I am also actively engaged in breeding, driving, therapeutic riding, and being a pony mom.

## **Governance Experience:**

My professional experience is as an attorney in non-profit and corporate governance (happy to expound upon it if needed). I have served on multiple horse-related non-profit boards including Northern Virginia Therapeutic Riding Program, The Retired Racehorse Project, Sprout Therapeutic Riding and Education Center, and the Maryland Horse Shows Association. I presently serve on the USHJA's WCHR Task Force, Amateur Task Force, Zone 3 Committee, & have recently been invited by Mary Babick to join the Conduct Review Committee, although we have not yet met.