

# So, what is INCLUSION, DIVERSITY, BELONGING, & EQUITY anyway?

the action or state of accepting or of being accepted within a group or community.

The composition of differing elements, especially a combination of people who possess different social identities

Note: there is no such thing as a "diverse individual" – you need a group for it to be considered diverse

a feeling of being connected to a community

seeks to ensure fair treatment, equality of opportunity, and fairness in access to information and resources for all. Requires monitoring of outcomes to ensure practices have the intended effects



#### INCLUSION, DIVERSITY



Walking past a jeering crowd, student Elizabeth Eckford, age 15, one of the "Little Rock Nine," enters Little Rock Central High School in Arkansas on Sept. 23, 1957.



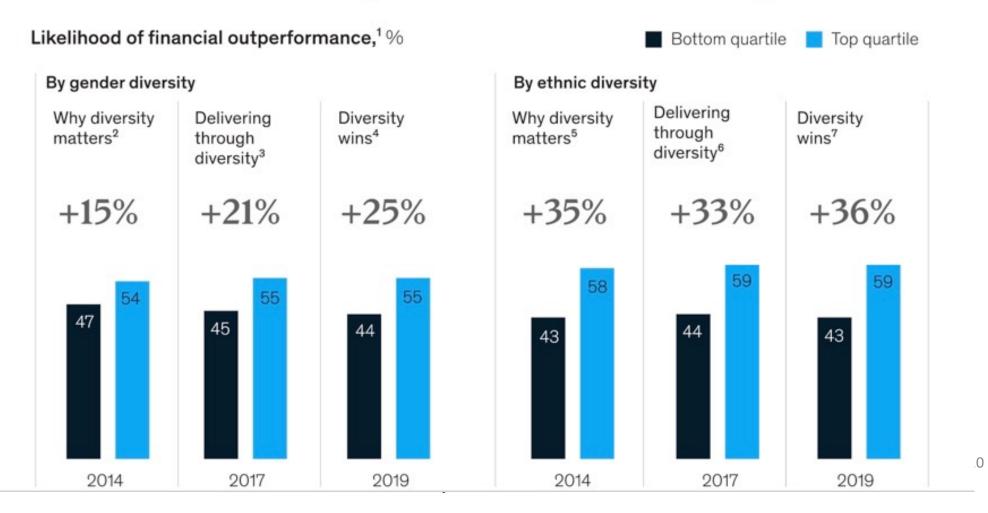
Dorothy Counts, the first black student to attend Harding High School, in Charlotte, North Carolina, September 5, 1957. Photograph from AP Wide World





Walking past a jeering crowd, student Elizabeth Eckford, age 15, one of the "Little Rock Nine," enters Little Rock Central High School in Arkansas on Sept. 23, 1957.

#### The business case for diversity in executive teams remains strong.



#### SOCIAL IDENTITY

a multifaceted concept that includes a person's conception and expression of who they are and how society describes and affects them

#### **EXAMPLES OF SOCIAL IDENTITIES...**



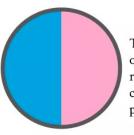
### THINGS YOU NEED TO KNOW ABOUT

SOCIAL IDENTITIES



#### SOCIAL IDENTITIES ARE FLUID...

#### **GENDER DEFINITIONS**



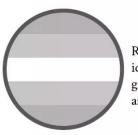
#### **GENDER**

The state of being male or female in typically regarding to social constructs rather than physical attributes.



#### **TRANSGENDER**

Refers to someone who does not identify with the gender they were assigned at birth.



#### CISGENDER

Refers to someone who identifies with the gender they were assigned at birth.



#### **NON-BINARY**

Refers to someone who does not identify as exclusively male or female.



#### **GENDER FLUID**

Refers to someone whose gender identity changes over time from one end of the spectrum to the other.



#### **GENDERQUEER**

Refers to someone whose gender identify falls on the spectrum between male and female.

# SOME SOCIAL IDENTITIES ARE VISIBLE, WHILE OTHERS ARE NOT BUT...

#### ...DON'T ASSUME YOU KNOW HOW SOMEONE IDENTIFIES

### IN THE UNITED STATES THERE ARE DOMINANT SOCIAL IDENTITIES THAT IMPACT HOW WE LIVE

(think about being right handed vs left handed)

#### SOCIAL IDENTITIES IMPACT EVERYONE DIFFERENTLY

# YOU CANNOT ASSUME YOU CAN TAKE OWNERSHIP OF AN ASPECT OF A SOCIAL IDENTITY THAT ISN'T YOURS (e.g. race, gender, sexual orientation and slang words)

## WITH ALL THE COMBINATIONS AND DIMENSIONS OF SOCIAL IDENTITIES...

...NO ONE IS AN EXPERT

# SOME THOUGHTS ON INCLUSION DIVERSITY, BELONGING, EQUITY AND SOCIAL IDENTITY

- Not everyone is comfortable talking about, or can relate to Inclusion, Diversity, Belonging, and/or Equity but **EVERYONE** has multiple social identities
- It's more impactful to share something about our social identities and what they mean to each one of us individually
- It's easier to learn about social identities when they are shared through dialogue versus being "taught". Sharing humanizes these identities.

### How do you talk about social identities?

Through Dialogue

# INTERGROUP DIALOGUE <u>NEEDS</u> TO BE ABOUT <u>WHO YOU ARE</u> AND <u>HOW YOU IDENTIFY</u>

# WHEN IT COMES TO SOCIAL IDENTITIES, IT'S IMPORTANT TO HAVE DIALOGUE (VS DEBATE OR EVEN DISCUSSION)

DIALOGUE	DEBATE	DISCUSSION
Broaden our perspective	Trying to win	Present Ideas
Explore shared meaning	Look for weaknesses	Seek answers and solutions
Discover collective meaning	Search for flaws	Give answers
Build Relationships	Disregard Relationships	Retain Relationships

#### **DISCUSSION**

	DISCUSSION
	Present Ideas
	Seek answers and solutions
	Give answers
	Retain Relationships

#### **DEBATE**

DEBATE	
Trying to win	
Look for weaknesses	
Search for flaws	
Disregard Relationships	

#### **DIALOGUE**

DIALOGUE	
Broaden our perspective	
Explore shared meaning	
Discover collective meaning	
Build Relationships	

#### The iceberg concept of culture



#### **Surface Culture**

Above sea level Emotional level: relatively low food • dress • music visual arts • drama • crafts dance • literature • language celebrations • games

#### Deep Culture

<u>Unspoken Rules</u> Partially below sea level <u>Emotional level</u>: very hig



courtesy • contextual conversational patterns • concept of time

personal space • rules of conduct • facial expressions

nonverbal communication • body language • touching • eye contact

patterns of handling emotions • notions of modesty • concept of beauty

courtship practices • relationships to animals • notions of leadership

tempo of work • concepts of food • ideals of childrearing

theory of disease • social interaction rate • nature of friendships

tone of voice • attitudes toward elders • concept of cleanliness

notions of adolescence • patterns of group decision-making

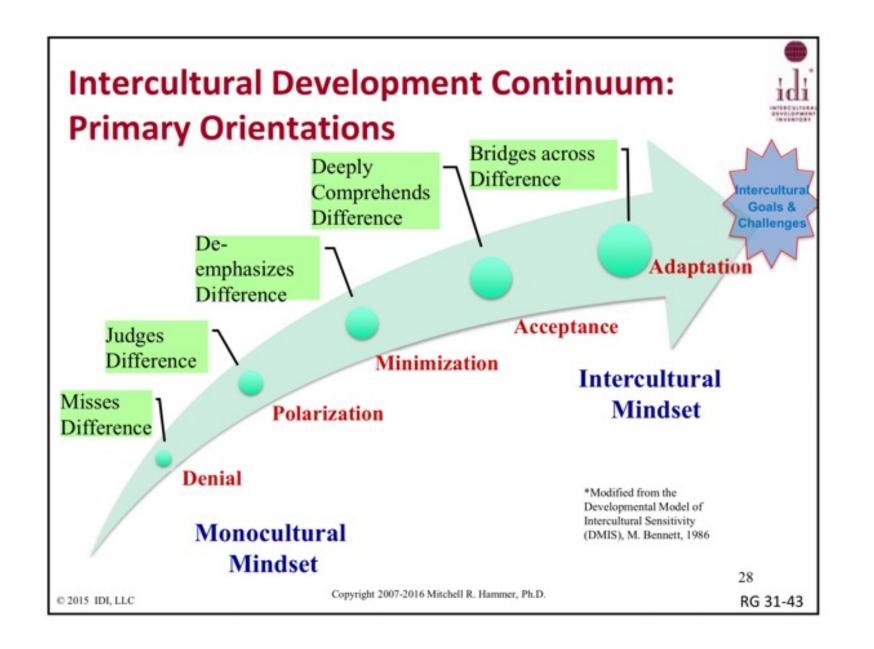
definition of insanity • preference for competition or cooperation

tolerance of physical pain • concept of "self" • concept of past and future

definition of obscenity • attitudes toward dependents • problem-solving

roles in relation to age, sex, class, occupation, kinship, and so forth





KNOW REFLECT ENGAGE\*: Executing your Intercultural Development Plan

Social Identity:  A multifaceted concept that includes a person's conception and expression of who they are and how society describes and affects them.	Workplace Activities/ Training Programs	Educational Classes/ Coaching	Travel/ Site Visits	Theatre, Film, Arts/ Books	Personal Interactions/ Intercultural Journaling
Gender Identity (some examples: Woman, Man, Transgender, Cis-Gender, Gender Non-Binary, Gender Fluid, He, They, She)					
Race (some examples: White, Black, Native American, Asian, Pacific Islander)					
Ethnicity (some examples: Korean, Jewish, Indian, Latinx African-American, Chinese American, Persian)					
Sexual Orientation (some examples: Asexual, Heterosexual, Gay, Lesbian, Bisexual, Questioning)					
Religion/Spirituality/Faith/Meaning (some examples: Muslim, Jewish, Christian, Catholic, Spiritual, Agnostic, Spiritual, Hindu)					
Social Economic Class (some examples: Poor, Working Class, Working Poor, Middle Class, Upper Class)					
Age (same examples: Young adult, Adult, Middle Aged, Older Adult)					
(Dis)Ability/Wellness Status (some examples: Cognitive, Learning, Physical Health, Mental Health, Able-bodied)			= -		
Citizenship, Nationality, Immigration Status (some examples: United States, Immigrant to the U.S., Global Citizen, Canadian, Chinese, Indian, Undocumented)			= -		
Body size/type (some examples: Thin, Healthy, Athletic, Curvy Overweight)					
Other (some examples: Veteran, Partner/Spouse, Political Affiliation, etc.)					

#### The Allyship Model

#### Ally to One

- Focused on an individual
- Remains largely **unaware** of systemic issues
- Does **not perceive** own mistakes
- Works for a person
- Acts when a friend needs help
- Views sources of non-inclusive beha as **obstacles** to overcome

#### Ally to Some

- Focused on a group
- Seeks to be an **exception** to the system
- Admits to mistakes with great difficulty
- Works for people
- Acts when inspired to do so
- Condemns sources of non-inclusive behavior as bad people

#### Ally to All

- Focused on all, including self
- Seeks to **improve** the system
- Accepts mistakes as invitations to learn
- Works with people
- Acts consistently by creating sustainable practices
- Gives sources of non-inclusive behavior opportunity to grow