

GUIDELINES FOR SAFE PRACTICES AT STABLES AND RIDING FACILITIES

COVID-19

Before You Arrive



Anyone visiting the facility must take their temperature prior to leaving the house. If a rider or any member of their immediate household has a temperature of >99.9 , the rider should stay home

At the Barn

- **Wash your hands for 20 seconds with soap and water as soon as you arrive and when you are finished**
- **Consider requiring face coverings for all who are on the property. Masks should be worn at all times when not mounted**
- **Facilities should be vigilant about spraying any common surfaces with disinfectant in between every lesson group**
- **Facilities should also provide disinfectant spray and/or wipes in common areas. These must be utilized by riders to disinfect common areas before and after each use**
- **Limit contact with horses to those specifically owned/leased by the rider**
- **Do not use communal items such as brushes, hoof picks and sponges. Riders should bring their own grooming implements and should thoroughly disinfect them after each use**
- **Limit use of crossties to so that grooms or riders are always able to stay at least 6 ft apart. If it is safe, consider tacking and untacking in your horse's stall**
- **If available, assign grooms to specific horses. Riders should wait in the arena for the groom to bring their horse. At the end of the lesson, grooms will return horses to the cross ties for untacking**
- **Common areas, such as tack rooms, parental seating, and lounge areas, should be closed. Riders should access tack areas one at a time to obtain items immediately prior to their lesson**

Parents

- **Limit the number of people accompanying the rider. One parent or guardian may accompany a junior rider. Additional family or friends are not allowed in the barn area**
- **Parents should watch their children from their cars or from 6 ft away from the nearest other person, including other parents and persons outside of their immediate family. This includes staying at least 6 feet away from instructors and grooms. Lessons must be observable and interruptible in observance with SafeSport guidelines**



Scheduling

- **Trainers and riders should collaborate to determine ideal timing for lessons**
- **Schedule 15 minutes in between lessons to minimize the number of people at the facility. If early, riders should remain in their car until your assigned time**



These guidelines for safe practices for stables and stables were prepared by an epidemiologist and are general recommendations for informational and educational purposes only. You should consult with your local or state authorities for specific recommendations and restrictions for your area.

For more information and resources, visit ushja.org/COVID19.

