

Lesson Horse Workload

USHJA Horse and Rider Advocates Committee Recommendations for Lesson Horse Workload

	Maximum # of Work Hours Per Day	Recommended # of One-Hour Lessons/Day	Recommended # of Jumping Lesson Days/Week	Recommended # of Days Off	Recommended # of Jumps Per Lesson	Recommended # of O/F Classes During a One-Day Show
First time rider through cantering poles	2.5	2	4-5	1-2	n/a	4-5
Trotting/cantering crossrails to 2ft	2	2	4-5	1-2	25	4-5
Cantering 2ft courses to 2'6"	1.5	1-2	3-4	1-2	22	4
Cantering 2'6" courses through 3 ft	1.5	1	3-4	1-2	22	4
Cantering above 3ft courses	1-1.5	1	2-3	1-2	18	3

General Recommendations (averages)	Recommended # of Rest Hours Between Lessons	Lessons/Week for Summer Camp	Max # of Students in a Group Lesson With One Instructor
	1-2	7	4-5