



Regional Training Session Stable Management Curriculum

Basic Skills/Safety (Day 1 demonstration)

- Safe handling, proper leading, proper use of a chain shank
- Turning horse away from you to the right
- General barn safety and set-up
- Correct any hazards

Vital Signs (Day 1 demo, expand throughout week)

- TPR, keeping daily temp card, normal resting vitals
- Digital pulse, gut sounds, capillary response, dehydration pinch test
- Recognizing signs of common ailments (colic, tying up, abscesses, over-heating) and how to respond
- When to call the vet and helpful info to provide them

Stall Cleaning (discuss in expectations, expand as needed)

- Why, when, how
- Types of bedding and equipment
- Aisleway care (sweeping, raking, dust control)

Tack (Day 1 tack inspection, continue throughout week as tack changes)

- Fitting and safe equipment, cleaning tack
- General saddle fitting, safe leathers and stirrups
- How to put on bit guards, but keepers, martingale stoppers, gag rounds, lip straps
- Boots and protective bandages: what they will and will not do (protection vs. support)
- Boot fitting and legal horse show boots (USEF vs. FEI)

Basic Feeding Practices (Full session)

- Types of hay: use hay of participants to identify types, smell and feel; identify mold/poisonous/foreign objects)
- Timing of hay, then grain
- Proper placement of feed in stall (hay net safety)
- Importance of clean water, how much horse should drink in a day
- Types of grain, reading feed bag labels and understanding ingredients
- Proper storage of hay and grain

Grooming and Bathing (Part of a session and taught as you go)

- Importance of currying and daily brushing - use this time to inspect horse's whole body
- Bathing supplies (medicated, non-medicated, rinses)
- Hot toweling, ice for cooling (hot and cold therapies)

Blanketing

- Types of blankets, appropriate temperatures for each
- How to put on and take off properly

Physical Fitness

- Importance of physical fitness for horse and rider
- Hand walking AM and PM, before riding session

Soundness Issues

- Identifying normal vs. abnormal
- Detect muscle pain - could be discussed with grooming
- Tendon and ligament inflammation - could be discussed with first aid/bandaging
- Communicating with vet and farrier - building your team

First Aid and Bandaging (Full session)

- Types of bandages, difference between standing/support and shipping
- Wound care, types of products needed - practice bandaging for a boot rub; figure eight on a cut knee and hock; how to use sheet cotton, Animalintex poultice pad
- Types of poultices (clay and Epsom salt), when to use each
- Abscess care: practice wrapping hoof and heels
- Types of wounds: incision, laceration, puncture, abrasion, etc. and course of action for each
- What to use and not to use on different types of wounds
- First aid kits: how many and where

Biosecurity (Part of a session)

- Cleaning of equipment, use of soap and water, proper labels on products
- Disinfecting equipment, barns, trailers, horse show stalls
- Setup at barns with stalls for traveling vs. non-traveling horses
- Isolation or quarantine stalls, taking daily temperatures
- Avoiding cross contamination of medications and supplements
- Avoiding shared water hoses/tubs, nose to nose interaction

Additional Topics (As time allows)

- Trailer Safety: types of trailers, packing, tools for emergencies, traveling with water, health records/known requirements
- Lunging: how and how not to lunge, when and where to lunge, equipment, how to hold and use whip, changing direction safely
- Basic anatomy
- The foot: basic balance issues, hoof care, common shoes, communicating with your farrier